

## Archdiocese of Omaha Marriage Preparation Policies

- Engaged couples must allow a minimum of 6 months preparation time before the scheduled wedding date. However, it is recommended that you prepare for your wedding at least 8 - 12 months prior to your wedding day.
- If either of you will be less than 19 years of age on the date you plan to marry, a wedding date will not be set until the preparation process is completed.
- If either of you have been previously married and civilly divorced, a written decree of nullity (annulment) is required prior to registering for marriage preparation.

## Want More?

Go to [archomaha.org/marriageprep](http://archomaha.org/marriageprep) to learn about:

1. Fertility awareness courses
2. Mentor Couples
3. Receiving the sacrament of reconciliation



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ENCOUNTERING JESUS  
EQUIPPING DISCIPLES  
LIVING MERCY

# Marriage Preparation



[archomaha.org/marriageprep](http://archomaha.org/marriageprep)





*“Marriage is the most beautiful thing that God has created.”  
Pope Francis*

## Marriage Preparation in the Archdiocese of Omaha

**1** Contact your parish to begin the marriage preparation process. You will have an initial meeting with a priest or deacon to establish your freedom to marry.

**2** Complete the **FOCCUS Pre-Marriage Inventory** and schedule 4-6 one-hour sessions with your facilitator.

Register for FOCCUS at [foccusinc.com/register/archomaha](http://foccusinc.com/register/archomaha)

**3** Your parish will direct you to a **Marriage Formation program** to be completed 3-6 months before your wedding. These programs provide formation in the theology and practical life skills of marriage, with many options available online and in person. Costs range between \$100-\$200.

**4** After completing your FOCCUS sessions and formation retreat, you will **meet with the priest or deacon at your parish**. This will include planning the Rite of Matrimony and finalizing any pastoral formation specific to you.

## Formation Programs

### Catholic Engaged Encounter (CEE)

This retreat offers an opportunity to share a weekend with other engaged couples and spend time in private reflection with your fiancé, led by a team of married couples and clergy.

- \$200 (covers lodging and meals)
- Offered in Norfolk and Omaha

### Online Programs

These programs are to be taken at your own pace, and session videos on the theology of marriage and practical life skills are interspersed with discussion questions and activities.

### Smartloving Engaged

- \$90 per couple.
- Requires 9-15 hours to complete.
- Includes free access to a sponsor couple.

### Joy-Filled Marriage

- \$105 per couple.
- Requires 8-10 hours to complete.

### Catholic Marriage Fellowship

This retreat offers formation in the Church's teaching on Christian Marriage while guiding engaged couples to reflect on and discuss the essentials of practical life skills and theological/spiritual topics.

- \$95 per couple.
- 6 hour online retreat

Go to [archomaha.org/marriageprep](http://archomaha.org/marriageprep) to find links for registration.