

# PRO-LIFE DIRECTORY

**Together we can help! YOU can save a life today!**

COVID WEBSITES: COGforLIFE.org, drleemerritt.com, AFLDS.com, AAPSONline.org, rcolemnd.com, FLCCC.com vacsafety.org, TruthForHealth.org, www.faith-freedom.com

**Nationwide Pregnancy Help 1-800-395-HELP (4357)**  
[optionline.org](http://optionline.org), [care-net.org](http://care-net.org),

**Essential Pregnancy Services Helpline 402-554-1000**

**Assure Women's Center Helpline 402-397-0600**

**Abortion Pill Reversal, call ASAP after first pill**

<https://www.abortionpillreversal.com/> **877-558-0333**

**National Suicide Prevention Hotline 1-800-273-8555**

**National Human Trafficking Center 1-888-373-7888**

**Child Abuse Prevention, 1-800-4-A-CHILD (422-4453)**

## **Pregnancy Counseling, Testing and Service:**

**Assure Women's Center** [www.assureomaha.com](http://www.assureomaha.com)

6510 Sorensen Parkway, Omaha, NE. 68152

14225 Dayton Circle, Omaha, NE 68137

FREE STD and pregnancy testing by appointment

**Essential Pregnancy Services** [www.essentialps.org](http://www.essentialps.org)

Free Pregnancy & STD Tests. No Hassle Counseling.

**Maternal Assistance Hotline: 402-554-1000**

*Benson Center:* 6220 Maple St. 68104, 402-554-0121

*Bellevue Center:* 908 W. Mission Ave, 68005, 402-933-2988

*Maple Village Center:* 3029 N 93rd St, 68134, 402-763-8768

**Lincoln Pregnancy Center**, 111 Piazza Terrace, Lincoln, NE, 68510, 402-483-4247, [www.pregancylincolncenter.org](http://www.pregancylincolncenter.org)

**Gabriel's Corner** [www.gabrielscorner.com](http://www.gabrielscorner.com)

Free Pregnancy Tests - Pregnancy Counseling

131 S 16<sup>th</sup> St, Council Bluffs, IA 51501

Phone: 712-323-7756 Call ahead

**Life Choices** [www.fremontpregnancy.com](http://www.fremontpregnancy.com)

Location - 1835 E. Military, Fremont, NE 68025

Phone: 402-721-5551 or 402-720-5526 for appointment.

All services are free & confidential.

**Birthright International** [www.birthright.org](http://www.birthright.org)

Nationwide 800-550-4900 Kearney 308-234-9880

Carroll 712-792-6592 Lincoln 402-466-2609

Council Bluffs 712-322-2100 Norfolk 402 379-1004

Fremont 402-721-5551 Sioux City 712-258-3436

Grand Island 308-381-7845

## **Comprehensive Confidential Health Services:**

**Sancta Familia Medical Apostolate 402-991-3393**

10506 Burt Circle Omaha NE 68114. Catholic health care for the whole family from conception to natural death. Mon-Fri,

8am-5pm [www.omahacatholicdoctors.org](http://www.omahacatholicdoctors.org)

**Saint Paul VI Institute** [www.popepaulvi.com](http://www.popepaulvi.com)

6901 Mercy Rd. Omaha, NE 68106

Phone: 402-390-6600 Offering reproductive health care, OB-GYN, infertility, maternal fetal medicine, NaPro Technology, Creighton Model FertilityCare System.

## **Life is sacred from the moment of conception!**

**Couple to Couple League** [www.ccli.org](http://www.ccli.org)

Natural Family Planning Hotline: 402-571-4111

## **Homes for Mothers and Babies:**

**Mater Filius of Nebraska** A Catholic apostolate created to help pregnant women who find themselves without support. Women receive housing, counseling, medical attention, workshops and continuing education at no cost. 5924 S. 36<sup>th</sup> Street, Omaha, NE 68107 Contact: Julie Mainelli 402-676-1773 or Stacey Floersch, 402-212-3348

**Bethlehem House** [www.bethlehemhouseomaha.org](http://www.bethlehemhouseomaha.org)

Serving women who are pregnant and homeless since 2005.

Offering private rooms in a safe environment.

2301 S 15<sup>th</sup> St. Omaha, NE 68108. Phone: 402-502-9224

## **Save a life today! Adoption and other services:**

Bethany Christian Services, [www.bethany.org](http://www.bethany.org)

Nebraska Children's Home Society, [www.NCHS.org](http://www.NCHS.org)

Catholic Charities [www.ccomaha.org](http://www.ccomaha.org); Adoption Services,

Individual, Marriage and Family Counseling

402-554-0520 or 800-403-2435

**National Abortion Recovery** 24 hour hotline **866-482-5433**

[www.SupportAfterAbortion.com](http://www.SupportAfterAbortion.com), **844-289-HOPE**

[www.abortionchangesyou.com](http://www.abortionchangesyou.com), [www.afterabortion.org](http://www.afterabortion.org)

**Project Rachel**, [www.hopeafterabortion.com](http://www.hopeafterabortion.com) Post-

Abortion Healing, and Reconciliation from the pain of

abortion. **888-456-HOPE** or [projectrachel@cssisus.org](mailto:projectrachel@cssisus.org)

**Rachel's Vineyard**, [www.rachaelvineyard.org](http://www.rachaelvineyard.org), Post-Abortion Healing Retreats Reconciliation and healing from the pain of abortion. Heather Hruby: (402) 885-4305

## **Freedom from Pornography:**

[www.omahafordecency.org](http://www.omahafordecency.org) Pornography degrades women, damages marriage and family, is sinful, addictive, diabolical.

**Dads.org**; Faith, Family, Fatherhood; sex addiction freedom **PATH - Archdiocese of Omaha** ([www.archomaha.org](http://www.archomaha.org)) pornography addiction counseling and support.

## **Christian Radio:**

[www.kcro.com](http://www.kcro.com), Omaha 660AM, Lincoln 106.7 FM

[www.bottradionetwork.org](http://www.bottradionetwork.org), Omaha 93.7FM, Lincoln 88.5FM

[www.spiritcatholicradio.com](http://www.spiritcatholicradio.com) Omaha 102.7FM

**Knights of Columbus**, [www.kofc.org](http://www.kofc.org)

**www.ThomasMoreSociety.org**, non-profit, national public interest law firm dedicated to restoring respect in law for life, family, and religious liberty, pro bono. Pro-life attorneys always needed! For more information, Martin Cannon, Matt Heffron or Michael McHale (312)782-1680. *If someone you know has been injured or killed following an abortion, you may be able to bring legal action on her behalf, free.*

[www.lifedynamics.com](http://www.lifedynamics.com) 940-380-8800

## **Additional info and copies of this directory or updates:**

Reggan Simons, [rksimons@archdiocese.org](mailto:rksimons@archdiocese.org),

Steve Zach, 402-558-2218

[www.nebraskanembracinglife.org/prolifedirectory](http://www.nebraskanembracinglife.org/prolifedirectory)

**NEBRASKANS Embracing Life** Educational 501c3; resource, spiritual events, Mobile Pregnancy Ultrasound Resource Center 143 S 38<sup>th</sup> St, Omaha, NE 68131 402-399-0299

[engage@nebraskanembracinglife.org](mailto:engage@nebraskanembracinglife.org)

**Surprise Thrift Shop**, 143 S 38<sup>th</sup> St. Omaha, 68131 100% of all donations and sales benefit pro-life organizations. **Shop & Save hours: Thu, Fri, Sat 10a-4p; 402-341-0625**

**Walking with Moms in Need, [www.archomaha.org](http://www.archomaha.org)**

**Bishops Pastoral Plan for Pro-Life Activities**

Marion Miner, Associate Director for Pro-Life & Family  
Nebraska Catholic Conference 215 Centennial Mall  
South, Suite 310 Lincoln, NE 68508 402-477-7517  
[mminer@necatholic.org](mailto:mminer@necatholic.org), [www.necatholic.org](http://www.necatholic.org)  
[www.HeartofaChildMinistries.org](http://www.HeartofaChildMinistries.org), live ultrasounds

**Vital Signs Ministries [www.vitalsignsministries.org](http://www.vitalsignsministries.org)**

P. O. Box 34278, Omaha, NE 68134  
Denny & Claire Hartford 402-341-8886

**Nebraska Right to Life [www.nebraskarighttolife.org](http://www.nebraskarighttolife.org)**

402-438-4802 P. O. Box 80410, Lincoln, NE 68501-0410

**American Life League Inc. (ALL) STOPP [www.all.org](http://www.all.org)**

P. O. Box 1350, Stafford, VA 22555 540-659-4171

Jim Sedlak: 888-546-2580, Fax: 540-659-2586

**Omaha Chapter STOPP, [www.stopp.org](http://www.stopp.org)**

Stephen Zach, 4339 California St. Omaha, NE 68131

Phone: 402-558-2218

**CB Chapter STOPP** Mary Lybarger, 206 Redbud LN,

Council Bluffs, IA 712-325-0268

**Human Life International [www.hli.org](http://www.hli.org)**

Pro-Life Missionaries to the World 800-549-LIFE

**www.POP.org** Population Research Institute

**Priests for Life [www.priestsforlife.org](http://www.priestsforlife.org)**

PO Box 141172 Staten Island, NY, 10314

Phone: 718-980-4400, 888-735-3448, Fax: (718) 980-6515

### **Prayer and counseling opportunities; we need you!**

**Omaha:** Planned Parenthood, Abortionist Debra Turner, 3105 N 93 Street (93rd and Maple), Mon & Thur, 8 am-noon, Sat 10am Helpers of God's Precious Infants <http://essentialps.org>

**Bellevue:** Abortionist Leroy Carhart, 1002 W Mission Ave, Thurs, Fri, & Sat 7:30-11:30 am, [metroprolife.org](http://metroprolife.org)  
Sat 9-10 am, God's Helpers of Precious Infants;  
Chapel of the Holy Innocents, 1229 Bellaire Boulevard <http://essentialps.org>

**Council Bluffs PP:** 1604 2nd Ave, Council Bluffs IA  
Gabriel's Corner, 131 South 16th Street, CB IA 51501 712-323-7756, [www.gabrielscorner.com](http://www.gabrielscorner.com)

We Provide Hope and Help for women facing unplanned pregnancies. **You are not alone! We are here to help!**

**Lincoln PP:** 5631 S 48th St, Tuesday, abortions  
<https://supportwomenscarecenter.org/locations/lincoln/>

[www.abortionworker.com](http://www.abortionworker.com)

[www.LifeRunners.org](http://www.LifeRunners.org), *Remember the Unborn Jer 1:5*

[www.studentsforlife.org](http://www.studentsforlife.org), Students for Life of America

[www.businessandprofessionalpeopleforlife.org](http://www.businessandprofessionalpeopleforlife.org)

**NEBRASKANS Embracing Life, 501c3** Pro-life educational non-profit building a culture of life through outreach in media, spiritual events, pro-life booths, Mobile Ultrasound, more. We always need your prayers, volunteer and donor support to advance our mission. [www.nebraskanembracinglife.org](http://www.nebraskanembracinglife.org)

**NEBRASKANS Embracing Life ACTION**, political 501c4  
[markb@dynamicconsulting.net](mailto:markb@dynamicconsulting.net), identifies and supports Pro-life, pro-family candidates, politicians and pro-life Legislation.  
**VOTE FOR LIFE!** see also [www.nffv.org](http://www.nffv.org)

**COVID WEBSITES:** [COGforLIFE.org](http://COGforLIFE.org), [drleemerritt.com](http://drleemerritt.com), [AFLDS.com](http://AFLDS.com), [AAPSONline.org](http://AAPSONline.org), [rcolemd.com](http://rcolemd.com), [FLCCC.com](http://FLCCC.com), [vacsafety.org](http://vacsafety.org), [TruthForHealth.org](http://TruthForHealth.org), [www.faith-freedom.com](http://www.faith-freedom.com)

### **Contraception = Abortion! Facts from ALL.org:**

**Contraception separates husband from wife, and couple from God.** Most contraceptives are drugs or devices that can and do cause abortions. Condoms and the "safe sex" lies result in widespread STD's, emotional trauma, and immoral sex. Guttmacher Institute reports as many as 70,000,000 since R v W 1973, but do not include or count hundreds of millions of other abortions. They *exclude* in vitro abortions, "medical research" abortions, "emergency contraceptive" abortions, and they *exclude all* abortions from "the pill" and contraceptives: **Toxic Oral Contraceptives like 'the pill'** allow fertilization to occur at a rate of 2-10% of the time. They cause the lining of the uterus to become inhospitable to the developing baby who literally dies from lack of nourishment and is aborted. Prescribed pill-induced abortions exceed surgical abortions and are ten times more likely to cause death, plus disabilities.

**IUDs** work by interfering with the enzymatic processes of the developing baby and by inflaming the lining of the uterus, making it inhospitable to implantation, also abortifacient.

**Norplant** consists of six-one inch long silastic rods implanted in the arm and contains the progestin, *levonorgestrel*, which acts for 5 years. There are approx. 1,500,000 users. At a 50-65% ovulation rate times a 25% conception rate, this amounts to between 2-3 million of these chemical abortions per year.

**Depo-Provera** works the same way. It is injected under the skin every 3 months. Based on an estimated 1 million users and an ovulation rate of 40- 60%, it has been determined that at the lower rate there are 400,000 ovulatory cycles, times a 25% conception rate yielding about 100,000 chemical abortions per cycle or 1,200,000 per year.

**Oral contraceptives = Human Pesticides**, RU 486 is a chemical compound taken in pill form, can induce abortion in women up to nine weeks pregnant; involves two drugs and three trips to the doctor's office over a two week period. Surgical abortions follow 4-5% failure rate. Many side effects from minor to major, even death for mother or child. The "morning after pill" has over one billion in annual sales. Pills are hazardous to women's health, and especially to minor children! Contraceptives are not safe for mother or child, cause abortions with many harmful side effects, according to the patient information package and various studies.

### **Contraception is dangerous to your health!**

**Breast Cancer and Abortion, many chemical side effects!**

In the U.S., women under age 45 who have had abortions may have a 50% higher risk of breast cancer, according to a study reported in the Journal of the National Cancer Inst. The risk is more than doubled for women under 18 who have abortions.

**James Sedlak, Stop Planned Parenthood**, source: [stopp.org](http://stopp.org). Planned Parenthood Federation of America earns over two billion per year selling birth control products. PP creates a demand for these products via the sex ed it promotes in schools, says Sedlak. As promiscuity rises, so does the number of unintended pregnancies due to contraceptive failure. PP then profits from contraception, abortion = death for the child.

**PLEASE DISTRIBUTE to every home, every church, school, youth group, pro-life organizations & teams. Everyone needs these contacts for easy access!**  
**Offer to friends-You can save a life today!**