October 1-3, 2021
Application Deadline September 24, 2021

Overlook Lodge
Camp Comeca
75670 Road 417
Cozad, NE 69130

$250.00
Includes private room, meals, retreat materials and program.
Financial assistance may be available if cost is a hardship.

To request an application please contact:
Elizabeth A. Heidt Kozisek, Ph.D.
308-382-6565 or cpo@gidiocese.org

Must provide your own transportation to and from the retreat location.

Additional Information Available at: https://www.gidiocese.org/victim-assistance

A Healing Retreat for Male Survivors of Abuse
Developed by Sue Stubbs—Victim Assistance Coordinator Archdiocese of Atlanta
Co-leader Gerry Crete, Ph.D.

A service of the Victim Assistance Ministries of the Roman Catholic Church in Nebraska
Provided by the Diocese of Grand Island in collaboration with the Archdiocese of Omaha and the Diocese of Lincoln

This retreat is Christian-based. Men of all faiths and traditions are invited and welcomed.
The Way is a healing retreat for men who are survivors of abuse; a 3-day guided meditation and prayer experience for men whose abuse by another has deeply affected their heart, mind, body and soul.

Your Retreat Team consists of professional counselors, a priest, and volunteers who are well formed and grounded in the Truth of the Catholic faith. All Truth is God's Truth, so no matter if you are not Catholic, the steps you take during this retreat will help you to move forward in Truth on your journey to peace.

The Way is the path to take to find answers to these and many other questions for which your heart, mind, body, and soul have been searching. This is where your healing journey begins. These three days of guided meditations and prayer crafted around the Stations of the Cross will show you the steps Christ took to overcome dread, confusion, deep hurt, betrayal, and anger not only for His experience of abuse—which culminated in His death on the cross and new life in the Resurrection—but for your abuse as well. You can choose to walk The Way with Him, learn His ways, transform your pain and suffering into a new life, the life God has always wanted for you but that the sins of another has disfigured in countless ways.

You do matter...to God, to your Church, to your loved ones, to the world. Let Christ show you The Way to peace in heart, mind, body, and soul. Take your first voluntary steps on The Way to new life.

Retreat Schedule

**Friday**
- Mass *(encouraged but not required)*
- Settling-in
- Welcome / Introduction
- Dinner
- Conference / Stations 1-3

**Saturday**
- Breakfast
- Conference / Stations 4-7
- Lunch
- Rosary *(encouraged but not required)*
- Free Time
- Conference / Stations 8-11
- Mass *(encouraged but not required)*

With voluntary opportunity for Sacrament of Healing

Dinner—*Silent portion of retreat begins*
- Station 12
- Adoration of the Blessed Sacrament *(encouraged but not required)*
- Foot of The Cross Ceremony

**Sunday**
- Sunday Mass *(encouraged but not required)*
- Breakfast
- Stations 13-14
- Way of the Cross
- Station 15
- *Silent portion of retreat ends*
- Lunch
- Conference
- Homebound!

*Silence is God’s language.* Refraining from talking amongst ourselves during this portion of the retreat will increase our intimacy with God. In the words of Saint Theresa of Calcutta, “We need to find God and He cannot be found in noise and restlessness. God is the friend of silence. See how nature—trees, flowers, grass—grows in silence; see the stars, the moon, the sun, how they move in silence...we need silence to be able to touch souls.”

**Voluntary opportunity for the Sacrament of Reconciliation available throughout the day.**