

Believe in the Possibility of Help and Healing

*The Nebraska Catholic Dioceses
care about survivors of abuse and desire to provide avenues for healing.*



The Victim Assistance Ministries of the Roman Catholic Church of Nebraska are committed to offering men and women healing retreats each year. In August 2019, "The Way" retreat for women survivors of abuse was offered. Participants found it to be a profoundly healing experience. The men's and women's retreats for 2021 are:

*Women's "The Way" Healing Retreat, developed by Sue Stubbs
July 23-25, 2021 (Lead Organizer - Mary Beth Hanus, LMHP)*

*Men's "The Way" Healing Retreat, developed by Sue Stubbs
October 1-3, 2021 (Lead Organizer - Beth Heidt Kozisek, Ph.D)*

We encourage you to contact Victim Assistance in your diocese if you would like to visit about the retreat and other potential healing resources.

Archdiocese of Omaha

Mary Beth Hanus, LMHP, 402-827-3798, mbhanus@archomaha.org

Diocese of Grand Island

Beth Heidt Kozisek, Ph.D, 308-382-6565, bheidt@gidiocese.org

Diocese of Lincoln

Jeff Hohlen, 402-318-7473, jeff-hohlen@lincolndiocese.org

Additional Resources

"The Way: Stations of the Cross for Survivors of Abuse" by Sue Stubbs

"Peace I Give to You: Healing Sexual Wounds with the Help of the Saints" by Dawn Eden

"The Wounded Heart: Hope for Adult Survivors of Childhood Sexual Abuse" by Dr. Dan Allender

"Restoring Sanctuary" by T. Pitt Green