

Believe in the Possibility of Help and Healing

*The Nebraska Catholic Dioceses
care about survivors of abuse and desire to provide avenues for healing.*



The Victim Assistance Ministries of Roman Catholic Church of Nebraska are committed to offer men and women healing retreats each year. August 2019, "The Way" retreat for women survivors of abuse was offered. Participants found it to be profoundly healing experience. The men and women retreats for 2020 have been postponed due to COVID-19. They will resume in 2021. The dates for these retreats are:

*Men's "The Way" Healing Retreat Developed by Sue Stubbs
March 5-7, 2021 (Lead Organizer - Beth Heidt Kozisek Ph.D)*

*Women's "The Way" Healing Retreat Developed by Sue Stubbs
July 23- 25 , 2021 (Lead Organizer- Mary Beth Hanus LMHP)*

We encourage you to contact Victim Assistance in your diocese if you would like to visit about the retreat and potential other healing resources.

Archdiocese of Omaha

Mary Beth Hanus LMHP, 402-827-3798, mbhanus@archomaha.org

Diocese of Grand Island

Beth Heidt Kozisek, Ph.D, 308-382-6565, bheidt@gidiocese.org

Diocese of Lincoln

Jeff Hohlen, 402-318-7473, jeff-hohlen@lincolndiocese.org

Additional Resources

The Way: Stations of the Cross for Survivors of Abuse by Sue Stubbs

Peace I Give to You: Healing Sexual Wounds with the Help of the Saints by Dawn Eden

The Wounded Heart: Hope for Adult Survivors of Childhood Sexual Abuse by Dr. Dan Allender

Restoring Sanctuary by T. Pitt Green