THE Way

March 20-22, 2020

Application Deadline March 11, 2020

Overlook Lodge
Camp Comeca
75670 Road 417
Cozad, NE 69130

$250.00

Includes private room, meals, retreat materials and program.

Financial assistance may be available if cost is a hardship.

To request an application please contact:

Elizabeth A. Heidt Kozisek, Ph.D.
308-382-6565 or
cpo@gidiocese.org

Must provide your own transportation to and from the retreat location.

Additional Information Available at: https://www.gidiocese.org/victimassistance

THE Way

The Way Healing Retreats for Survivors of Abuse were developed by Sue Stubbs, Victim Assistance Coordinator of the Archdiocese of Atlanta.

The Victim Assistance Program of the Archdiocese of Atlanta, part of the Office of Child and Youth Protection, provides outreach and healing programs for those abused by church personnel. Some programs, such as this retreat, expand beyond those abused by church personnel to include all abuse victims.

The Victim Assistance Program organizes a pastoral response to the victim, their immediate family and their parish family by offering resources for counseling, spiritual direction, prayer services, retreats and educational information.

For more information contact:

Office of Child and Youth Protection
Archdiocese of Atlanta
2401 Lake Park Drive SE
Smyrna, GA 30080
Phone 404-920-7550
ocyp@archatl.com
www.archatl.com/offices/cyp

THE Way

A Healing Retreat for Male Survivors of Abuse

Developed by Sue Stubbs—Victim Assistance Coordinator Archdiocese of Atlanta

Co –leader Gerry Crete, Ph.D.

A service of the
Victim Assistance Ministries of the
Roman Catholic Church in Nebraska
Provided by the *Diocese of Grand Island*
in collaboration with the Archdiocese of Omaha
and the Diocese of Lincoln

This retreat is Christian-based.
Men of all faiths and traditions are invited and welcomed.

THE Way

The Way is a healing retreat for men who are survivors of abuse; a 3-day guided meditation and prayer experience for men whose abuse by another has deeply affected their heart, mind, body and soul.

- *Have you experienced or are you experiencing dread, confusion, deep hurt, betrayal or anger when you think of the abuse you have suffered? Or maybe you are feeling nothing at all.*
- *You have every right to these feelings...they are natural reactions to the trauma you have survived.*
- *You may be asking yourself, "What do I do with all of this? How will confronting my abuse experience affect my life? How will I ever recover my trust in people, God, my Church again?*

Does it really matter? Do I matter?"

Your Retreat Team consists of professional counselors, a priest, and volunteers who are well formed and grounded in the Truth of the Catholic faith. All Truth is God's Truth, so no matter if you are not Catholic, the steps you take during this retreat will help you to move forward in Truth on your journey to peace.

The Way is the path to take to find answers to these and many other questions for which your heart, mind, body, and soul have been searching. This is where your healing journey begins. These three days of guided meditations and prayer crafted around the Stations of the Cross will show you the steps Christ took to overcome dread, confusion, deep hurt, betrayal, and anger not only for His experience of abuse—which culminated in His death on the cross and new life in the Resurrection—but for your abuse as well. You can choose to walk ***The Way*** with Him, learn His ways, transform your pain and suffering into a new life, the life God has always wanted for you but that the sins of another has disfigured in countless ways.

You do matter...to God, to your Church, to your loved ones, to the world. Let Christ show you ***The Way*** to peace in heart, mind, body, and soul. Take your first voluntary steps on ***The Way*** to new life.

Retreat Schedule

Friday

Mass *(encouraged but not required)*
Settling-in
Welcome / Introduction
Dinner
Conference / Stations 1-3

Saturday**

Breakfast
Conference / Stations 4-7
Lunch
Rosary *(encouraged but not required)*
Free Time
Conference / Stations 8-11
Mass *(encouraged but not required)*
With voluntary opportunity for Sacrament of Healing
Dinner—*Silent portion of retreat begins**
Station 12
Adoration of the Blessed Sacrament
(encouraged but not required)
Foot of The Cross Ceremony

Sunday

Sunday Mass *(encouraged but not required)*
Breakfast
Stations 13-14
Way of the Cross
Station 15
Silent portion of retreat ends
Lunch
Conference
Homebound!

***Silence is God's language.** Refraining from talking amongst ourselves during this portion of the retreat will increase our intimacy with God. In the words of Saint Theresa of Calcutta, "We need to find God and He cannot be found in noise and restlessness. God is the friend of silence. See how nature—trees, flowers, grass—grows in silence; see the stars, the moon, the sun, how they move in silence...we need silence to be able to touch souls."

**Voluntary opportunity for the Sacrament of Reconciliation available throughout the day.