Protect Your Family

Is your family safe?

	Never 1	Sometimes 2	Always 3
1) Does your family pray together?			
2) Does your family celebrate Sunday Mass together and participate in the life of the parish?			
3) Does your family enjoy regular meals together?			
4) Do you set rules and expectations for the children regarding such things as telephone and computer use, video games, study time, and curfews?			
5) Do you monitor and limit what the children are allowed to watch on television?			
6) Are all computers and televisions within the home in open and visible places (and, in particular, not in children's bedrooms)?			
7) Do you regularly participate together in activities aimed at physical and mental development?			
8) Do you make wise and virtue-centered choices about your own entertainment, including television, movies, reading material, and Internet?			
9) Do you, both publicly and privately, model the kind of behavior you want your children to emulate?			
10) Will you seek or recommend pastoral or professional care if needed and will be advocates?			
Total:			

If you scored **25-30**, you are clearly concerned about making good choices for your family. Keep up the good work.
If you scored **15-25**, perhaps your family could benefit from better monitoring.
If you scored less than **15**, we urge you to begin to make some positive changes for the health of your family.

Archdiocese of Omaha
Anti-Pornography Task Force

Unless specified, information came from http://archkck.org