

Spirit Alive

Grades 10-12

This program is designed for Catholic youth in high school. It assists them in discovering how the Holy Spirit moves in their lives, calling them to greater participation in the church's ministry. *Guide sold separately.*

The four chapters cover:

1. The Holy Spirit Alive in Scripture
2. The Holy Spirit Alive in the Catholic Church
3. The Holy Spirit Alive in Prayer
4. The Holy Spirit Alive in Your Life

Guidelines for Spirit Alive

1. Check personal calendars for conflicts with Communion or Confirmation preparation.
2. Visit with pastor and set parish date for recognition and awards in individual parishes.
3. It is important that the program is age-appropriate. It is more beneficial for the girl to be on the older end of the age bracket and able to read the material easily.
4. The religious award program is different from Girl Scouts and should have its own meeting time since the girl does not have to be a Girl Scout to receive the medal.
5. The Spirit Alive Medal is designed to help the individual learn how the Spirit moves in our lives using Scripture and prayer to better understand our mission.
6. It is important that the program be age-appropriate. The Spirit Alive Medal is an adventure for young women between the ages of 15 and 18. It is more beneficial for girls to be on the older end of the age bracket so they can get the most out of the activities and a better understanding of the Vatican II documents.
7. These young women may work together or as individuals, but they must have an advisor as their leader.
8. The completion of the Spirit Alive book includes small projects that may be done as a group or individually and a section on the Vatican II documents that must be reviewed by an approved advisor who is trained in the documents. You may call the Office of Evangelization and Catechesis (402 557-5610) for assistance in finding a Vatican II advisor.
9. There are four chapters in the Spirit Alive book. Each chapter has Research, which may be done initially as a group or individually, but should be discussed with a trained Vatican II advisor, Dialogue to be completed with their program advisor and Activities that may also be done as a group or individually.
 - a. Chapter 1 – Understand the Bible and how God communicates with us.
 - b. Chapter 2 – Challenges and choices in light of Scriptures and Catholic Church teachings.
 - c. Chapter 3 – Understand how the Holy Spirit enhances our life.
 - d. Chapter 4 – Our call to holiness and life of purpose and commitment.
10. As an advisor, you will be responsible to meet with the girl(s) you are advising, participate in their discussions and share their assignments.
11. As the girl(s) work on their medal, have them keep a journal. Have them write down why they did a project the way they did. Have them write what they learned and some thoughts they had on the subject. Have them write down any questions they might come up with during this time.
12. Upon completion of the Spirit Alive book, each girl must have her application completed and signed by her pastor. If the pastor is unavailable, a parish designate sure as a DRE, priest or deacon may sign. The application must be submitted to the Office of Evangelization and Catechesis by the deadline.