

Mary, the First Disciple

Grades 7-9

The Marian Medal program is written for Catholic girls to enable them to “proclaim the greatness of the Lord.” This is accomplished by actively involving the participants in an understanding of Mary as a model of openness and spirituality—a woman of the church. Through various projects, discussions, and liturgical celebrations over a period of months, the participants are provided with a unique opportunity to develop new insights into their personalities, friends, parents, and the world around them. This revised version of the Marian Medal book demonstrates the importance of Mary for all generations and cultures. *Guide sold separately.*

Guidelines for Marian Medal

1. Check personal calendars for conflicts with communion or Confirmation preparation.
2. Visit with pastor and set parish date for recognition and awards in individual parishes.
3. It is important that the program is age-appropriate. It is more beneficial for the girl to be on the older end of the age bracket and able to read the material easily.
4. The religious award program is different from Girl Scouts and should have its own meeting time since the girl does not have to be a Girl Scout to receive the medal.
5. The Marian Medal is designed to help young women grow in Mary’s love and gain a better understanding of Mary’s love for them.
6. It is important that the program be age-appropriate. The Marian Medal is an adventure for young women between the ages of 12 and 15. It is more beneficial for girls to be on the older end of the age bracket so they can get the most out of the activities and final service project.
7. These young women may work together or as individuals, but they must have an advisor as their leader.
8. The completion of the Marian Book includes small projects that may be done as a group or individually, and a final project that must be planned and carried out by the participant. It is advised that the applicant be part of the planning of their award ceremony.
9. As an advisor you will have a lot of responsibilities to the girl(s) you are advising:
 - a. The girl(s) will meet with you, have discussions and share their assignments.
 - b. You will also be their guide to help them plan and carry out their final project. The final project must be a service project. The girl should spend a minimum of six to eight hours planning and performing their service project. Most of the planning and brainstorming for this project should be done by the girl; you are only to be a guide to make sure her project is appropriate and help her should any problems or questions arise. It is the responsibility of the girl to find family and friends to help her carry out this project if needed.
10. As the girl(s) work on their medal, have them keep a journal. Have them write down why they did a project the way they did. Have them write what they learned and some thoughts they had on the subject. Have them write down any questions they might come up with during this time.
11. It is suggested that all girls receiving the Marian Medal help plan the religious awards Mass or prayer service to be held in their parish.
12. Upon completion of Marian Medal book, each girl must have her application completed and signed by her pastor. If the pastor is unavailable, a parish designate sure as a DRE, priest or deacon may sign. The application must be submitted to the Office of Evangelization and Catechesis by the deadline.