

# I Live My Faith

## Grades 4-6

The *I Live My Faith* program is designed to help girls appreciate more deeply the place that God and religion occupy in their daily lives. The action-oriented activities focus on developing awareness within the individual of her potential as a growing person, friend, family member, citizen, and a participant in the community of faith. The program is divided into three chapters, "Stretching," "Seeking," and "Finding," each of which blends the dimensions of discovery, prayer, service, and sacrament into a unified whole. *Guide included.*

### Guidelines for I Live My Faith:

1. Check personal calendars for conflicts with communion or Confirmation preparation.
2. Visit with pastor and set parish date for recognition and awards in individual parishes.
3. It is important that the program is age-appropriate. It is more beneficial for the girl to be on the older end of the age bracket and able to read the material easily.
4. The religious award program is different from Girl Scouts and should have its own meeting time since the girl does not have to be a Girl Scout to receive the medal.
5. Meetings should last approximately an hour to an hour-and-a-half. It may vary from lesson to lesson and depends on how many girls are in the group, how much parent involvement is taking place, and how many volunteers are present at each meeting to help assist you with the activities.
6. As a leader, you may need to supply scissors, glue and other materials needed to complete activities in various sections of the book.
7. Pages 23-24: Adult guide, purpose of the program, role of the advisor/participant.
8. Pages 24-26: Program overview, goals and objectives.
9. Chapter 1 focuses on growing in the Christian life. The sacrament of Baptism is discussed in this chapter.
10. Chapter 2 focuses on seeking the meanings of believing, hoping and caring. The sacrament of Reconciliation is associated with this chapter.
11. Chapter 3 focuses on finding peace by committing myself to Jesus, with the help of the Holy Spirit. The sacrament of Eucharist is associated with this chapter.
12. Each chapter has 6 areas to complete; each area has several activities to choose from. Beside each activity in the book you will find a small symbol:
  - a. A star for projects in which you learn and discover.
  - b. A candle for projects that help you pray and follow Christ.
  - c. A heart for projects in which you help others.

A variety of activities should be used in completing this award. The topic for each area is: Myself, My Family, My Friends, Parish, Community, Sacraments.

13. Page 22: The conclusion should be completed before the booklet is reviewed.
14. Upon completion of the *I Live My Faith* book, each girl must have her application completed and signed by her pastor. If the pastor is unavailable, a parish designate sure as a DRE, priest or deacon may sign. The application must be submitted to the Office of Evangelization and Catechesis by the deadline.